



# AHFNY

## Annual Educational Symposium & Vendor Exhibition

### Thrive: The Modern Evolution of Nutrition and Foodservice

June 12, 2026 | ICE, 225 Liberty Street, Third Floor, New York, NY 10281

#### Program Schedule

8:00 - 8:30 AM	<b>Registration &amp; Continental Breakfast</b>
8:30 - 8:45 AM	<b>Welcome &amp; Introductions</b> Tania Collazo, MS, RDN, CDN President, AHFNY
8:45 - 9:45 AM	<b>Keynote: Inspire, Connect, and Grow</b> Jason Wange
9:45 - 10:00 AM	<b>Update from AHF National</b> Simone E. Nicolas, MS, RDN, CDN Nutrition Services Administrator 2, NYS OMH AHF National Representative
10:00 - 11:00 AM	<b>RC Fine Foods Food Demonstration &amp; Tasting</b> Bringing Up Umami: How to Enhance Patient Food Naturally
11:00 AM - 12:45 PM	<b>Vendor Exhibition, Networking &amp; Poster Session</b> Vendor Raffle
12:45 - 1:15 PM	<b>Networking Lunch</b>



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#### Afternoon Program

<b>1:15</b> - <b>2:15 PM</b>	<b>Positive Psychology Presentation: Character Strengths: Unlocking What's Best in You</b> Jodi Heywood, MA
<b>2:15</b> - <b>3:00 PM</b>	<b>Yoga Wellness Session: Yoga ~ Body, Breath &amp; Mind.</b> Chandni Rodriguez
<b>3:00</b> - <b>4:00 PM</b>	<b>AI Applications in Food &amp; Nutrition Services, Part 2</b> Rich Leimsider
<b>4:00</b> - <b>4:15 PM</b>	<b>Closing Remarks, Evaluation &amp; Raffle</b>

#### Continuing Education Credits

4.5 CEUs for RDNs | 6.5 CEUs for CDMs