



AHF NEW YORK CHAPTER  
REPRESENTING HEALTHCARE FOODSERVICE  
ADMINISTRATORS IN GREATER NEW YORK

# AHF-NY Presents a Panel Discussion on Strategies for Implementing a Plant-Based Diet

Wednesday February 20<sup>th</sup>, 2019

NewYork-Presbyterian Hospital/Weill Cornell Medical Center  
\*Cayuga Room  
520 East 70<sup>th</sup> Street  
New York, NY 10065

Plant-based dinner, drinks and networking will take place from 5-6pm  
The panel discussion will take place from 6-8pm

The panel will include:

Ruth Greenfield, MS, RDN, CDN  
Clinical Dietitian, Cardiac Service Line  
NewYork-Presbyterian Hospital/WCMC

Gary Apito  
Chief Operating Officer  
Rouxbe Online Culinary Training

Monika Sheikh, LEED GA  
Corporate Sustainability Program Administrator  
NewYork-Presbyterian Hospital

Efrain Diaz  
Sous Chef  
NewYork-Presbyterian Hospital/WCMC

The panel will be moderated by Michael C. Williams, DBA, MBA, RD, CDN

\$10 Operator Members/Vendors/Non-Members

Register online only at [www.ahfny.org](http://www.ahfny.org)  
Deadline to register is Friday, February 8<sup>th</sup>, 2019

Credit hour from The Academy of Nutrition & Dietetics will be available for this event

\*The Cayuga Room is located in the back of the Garden Café on the basement level of NYP/WC